



**Fourth Sunday in Ordinary Time
January 29, 2012**

Come, let us bow down in worship;
let us kneel before the
LORD who made us.

— *Psalm 95:6*

FALSE PROPHETS, TRUE PROPHETS

In Deuteronomy today we hear that God's very words will fill the mouth of a true prophet, but a false prophet will, in a manner of speaking, put mere mortal words into God's mouth. In Mark's Gospel, we see Jesus teaching and healing as a true prophet, one filled with the authority of God's own voice, the Holy One of God.

The whole history of our church is filled with both true and false prophets. But in today's Gospel we learn that Jesus' fame spread because he taught with authority; he wasn't an authority because he was popular or famous. We also learn from him, in his desert temptation confrontations with Satan, that anyone can quote scripture, even against God's purposes. And today we hear that his authority was not like that of the scribes, who held the official positions of religious authority in his day. Our work is to do our best to discern the true prophets in our midst, and to be true prophets as well. The psalmist tells us how to do this: by not hardening our hearts when God speaks. If we truly listen to God, it will be God's very words filling our mouths.

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PRAYER OF THE WEEK

January 29, 2012, Fourth Sunday in Ordinary Time



Grant us, Lord our God,
that we may honor you with all our mind,
and love everyone in truth of heart.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit, one God, for ever and ever.

Reflection question:

What can I do to come closer to
loving everyone in truth of heart?

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READINGS FOR THE WEEK

Monday: 2 Sm 15:13-14, 30; 16:5-13; Mk 5:1-20
Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30-19:3; Mk 5:21-43
Wednesday: 2 Sm 24:2, 9-17; Mk 6:1-6
Thursday: Mal 3:1-4; Heb 2:14-18; Lk 2:22-40 [22-32]
Friday: Sir 47:2-11; Mk 6:14-29
Saturday: 1 Kgs 3:4-13; Mk 6:30-34
Sunday: Jb 7:1-4, 6-7; Ps 147;
1 Cor 9:16-19, 22-23; Mk 1:29-39

The soul cannot live without love.

- St. Francis de Sales

ROSARY ~ 8 a.m., Monday - Saturday ~ Worship Space

ALTAR LINENS for January 30th: Fran De Silva

MASSES FOR THE WEEK

MONDAY, JANUARY 30- Weekday

6:30 a.m. ~ Teri Kluesner (Michele Islas)
8:30 a.m. ~ Anthony Giuseppe (Joe Lampietro)

TUESDAY, JANUARY 31 - Saint John Bosco

6:30 a.m. ~ Dorothy Lane (Bud & Connie Hart)
8:30 a.m. ~ Ramona Morales (Adrian & Ed Hiltz)

WEDNESDAY, FEBRUARY 1 - Weekday

6:30 a.m. ~ Norman Howman (Sherry Chriss)
8:30 a.m. ~ Thomas J Moore (Gertrude Moore)
7:00 p.m. ~ Rose Cessario (Bonnie Porter)

THURSDAY, FEBRUARY 2 - The Presentation of the Lord

6:30 a.m. ~ Alexander Douvres (Douvres Family)
8:30 a.m. ~ Joseph Kogut, Sr (Joe Kogut)

FRIDAY, FEBRUARY 3 - Saint Blaise; Saint Ansgar

6:30 a.m. ~ Dr Henry Czys (Sherry Chriss)
8:30 a.m. ~ Dorothy Cole (Angie Giuseppe)

SATURDAY, FEBRUARY 4 - Weekday

8:30 a.m. ~ Raymond & Doris Coburn (Natalie Coburn)
5:00 p.m. ~ Debbie Henson (Ellen & John Farnham)

SUNDAY, FEBRUARY 5 - Fifth Sunday in Ordinary Time

7:30 a.m. ~ Mass for the People
9:00 a.m. ~ Aurora Atienza (Georgia Velasco)
11:00 a.m. ~ George & Winifred Walsh (Margaret & Lorraine Walsh)
12:30 p.m. ~ Patty Marzola (toni Fargo)
2:00 p.m. ~ Souls in Purgatory (Gladys H Mariani)
5:00 p.m. ~ Irene Sailer (Becky Connick)

BISHOPS LENTEN APPEAL BEGINS!

In mid-January, many of us will receive a mailing from Bishop Loverde regarding the 2012 Bishop's Lenten Appeal (BLA). The theme for the 2012 BLA is ***Love One Another with the Heart of Christ!***

After reflecting upon the importance of the vital initiatives funded by the BLA, please prayerfully consider Bishop Loverde's request for support and give generously to assist the many programs and ministries that serve the people in need in our diocese.



FOUNTAIN OF LIFE, FIRE OF LOVE

A Pastoral Letter on the Heart of Christ

by Most Reverend Paul S. Loverde, Bishop of Arlington
Copies are now available in the Parish Office



EUCCHARISTIC ADORATION

ALL FRIDAYS, beginning at 9:00 a.m. until
Benediction & Reposition beginning at 8:30 p.m.

Please come and sit with our Lord for at least one hour on Fridays.

It is a beautiful and rewarding experience and the perfect counter-balance to the hectic and stressful start to the new year.

Every thing we have is a gift from the Lord.

Join the Blessed Sacrament Adoration Society

For information & to sign up, please contact:
Jenny Grover at 202-669-7214 / jdrivera7@aol.com
or Julie Lineberry at jr.lineberry@verizon.net



TREASURES FROM OUR TRADITION

Forty days after Christmas, this week's ancient feast of the Presentation of the Lord is an extension of the shining days of Christ's coming into the depths of winter. This is the day when, for a thousand years, the Church has blessed a year's supply of candles. In many places, a procession forms outside the church. The core memory is of Simeon and Anna's meeting with the infant Jesus and his parents outside the temple on the fortieth day after the child's birth, and the delight of going to the table of the Lord for the Eucharist, a foretaste of our final meeting with Christ.

For some Christians, today is known as "The Meeting," suggesting not only the encounter in the temple, but also our assembly at the Lord's table and our longing for the kingdom. One story suggests that the commotion made by so many candle-bearing, hymn-singing faithful in the wintry fields of Germany on their joyful way to Mass stirred the badger from hibernation to examine this promise of springtime. The interrupted nap of the groundhog is amazingly linked to the light of Christ driving away the shadows of the world's darkness. This beautiful feast only rarely falls on a Sunday. What better reason could there be for candles at dinner tonight?

—James Field, Copyright © J. S. Paluch Co.



St. Blaise

A *Blessing of Throats* for the intercession of St. Blaise will be given at the 6:30 & 8:30 am Masses on Friday, February 3rd.

From the Blessed Sacrament Finance Council:

Next weekend, February 4th & 5th, the pink collection envelope will be collected for the **Arlington Catholic Herald** newspaper. We would urge you to give the \$22.00 annual subscription fee in this collection to help defray our significant assessment this year of \$28,226.00. Forty percent of Blessed Sacrament parishioners receive a copy of the Catholic Herald. The subscription is not free. The parish is assessed based on this formula:

$$3,208 \text{ registered families} \times 40\% \times \$22.00 = \$28,266.00$$

The Diocese credits blessed Sacrament for any subscriptions paid directly to the Diocese.

As always, we appreciate your continued generosity.

"Cinema Catechism" Movies through the eyes of faith!

Next Showing: "The Passion of Bernadette"

Thursday ~ February 2nd ~ 7:30 pm ~ Parish Center (after Mass)

Discussion to follow / Refreshments offered

For more info, visit: <http://cinemacatechism.blogspot.com>

Catholic Business Network - Alexandria Chapter - BREAKFAST ~

Thursday ~ February 2nd ~ 7:30-9:00 am ~ \$15 in advance

Walker's Grille ~ 6909 Metro Park Drive ~ Alexandria, VA

Tim Hamer, Principal of Bishop Ireton Catholic High School will discuss how Salesian Spirituality serves as the core for his school.

Please **RSVP** - Philip Leopold (703) 658-2943

or peleopold@firstcommand.com



(Info? Visit www.cbnnv.org)

ALL ARE WELCOME!



A HUGE THANKS TO ALL WHO HOSTED and HELPED US HOST THE FOLKS FOR THE MARCH FOR LIFE! WE ARE A PARISH OF "SUPERSTARS!"

2012 DIOCESAN MEN'S CONFERENCE

Evangelization & Apologetics



Saturday ~ March 3rd ~ St. Joseph Parish ~ Herndon
7-9 am Confessions / 7:45-9 am registration / 9:00 am start
Register by Feb. 25th - fee is \$35 (\$45.00 after Feb. 25th)
Continental breakfast & lunch included. (no registrations at the door)

Register on-line NOW! www.arlingtondiocese.org/men

Be inspired by great Catholic speakers including, *Msgr. Stuart Swetland, S.T.D.* and *Rev. Wm. Saunders, Ph.D.*, and featuring, *Paul Thigpen, Ph.D.* Reflect on evangelization and apologetics in your own life and the world at large and gather together with your brothers in Christ! Mass will be celebrated by Bishop Paul Loverde.

2012 DIOCESAN WOMEN'S CONFERENCE

Holiness & Interior Healing



Saturday ~ March 10th ~ 9:00 am - 2:30 pm
St. Raymond of Penafort ~ 8750 Pohick Road
Registration at 8 am ~ Mass with Bishop Loverde 9 am.
Register by Feb. 11th - fee is \$35 (\$45 after Feb. 11th)

Register on-line NOW! www.arlingtondiocese.org/women

Featuring **Ralph Martin**, recently appointed by Pope Benedict XVI to the Pontifical Council for the New Evangelization, he also serves as the president of Renewal Ministries, and is the host of a weekly EWTN program, "The Choices We Face." He is also the Director of Graduate Theology Programs in Evangelization and an assistant professor of Theology at Sacred Heart Major Seminary in the Archdiocese of Detroit. He is the author of a number of books the most recent of which is *The Fulfillment of All Desire: A Guidebook for the Journey to God Based on the Wisdom of the Saints*.

Sponsored by the Arlington Diocesan Council of Catholic Women
home.catholicweb.com/ADCCW

School & Early Childhood Center REGISTRATION



... Calling all **REGISTERED** parishioners interested in applying to Blessed Sacrament Grade School &/or ECC for the 2012-2013 academic year ! ...

... In-Person applications for available spots in the grade school (K-8) and ECC will be accepted from registered parishioners February 27 thru February 29, 2012. Updated applications are available, **beginning February 10, 2012**, on the BSS website: www.blessedsacramentcc.org ("Downloadable Forms".) You must come to the school office between the hours of 8:30 a.m. & 3:30 p.m. to submit your registration forms in person, or to complete & submit a paper application ... **A non-refundable application fee of \$35 is due at this time.** You must also bring your child's original birth certificate, as well as copies of the birth and baptismal certificates ... **Acceptance into the school is determined according to longevity of parish membership.**

... After priority parish registration closes on February 29th, **all remaining slots will become available to non-parishioners on Monday, March 5th.**

... Questions? Call (703) 998-4170



Our Offertory Collection on January 15th was **\$31,323.87**; this includes **361** participants in **Faith Direct**. We also received \$291.00 for the Poor Box, \$1,305.00 for Building Repairs and \$127.00 for ALIVE!

Faith Direct: Secure automatic giving. Please visit www.faithdirect.net to securely enroll online or call toll free at 1-866-507-8757. Code VA12



Our **Sharing** recipient for January 15th was **Catholic Charities; Migration & Refugee Services**. **\$1,722.81**.

"Sharing" is a 30+ year tradition at Blessed Sacrament that responds to the biblical command to share our resources with the less fortunate. **Sharing** recipients include a wide range of local, national & international organizations that assist the needy with health care, education, food, clothing & shelter, as well as religious & social justice ministries. Particular consideration is given to recipients suggested by members of the parish. *To make a recommendation, leave information about the organization with a note about your suggestion at the parish office or attend our next quarterly meeting.*

Next Meeting: TODAY!
Sunday, January 29th, 10:15 am
Parish Office Staff Room



ALIVE! (Alexandrians InVolved Ecumenically!)

Visit: www.alive-inc.org
703-837-9300

ALEXANDRIANS HELPING ALEXANDRIANS!

5 OF 7 PROGRAMS ENTIRELY STAFFED BY VOLUNTEERS

Assist needy families on a

FOOD DISTRIBUTION SATURDAY

FEBRUARY 25th ~ 8 am - 12:30 pm

Church of the Resurrection ~ 2280 N. Beauregard Street
Pack grocery bags, distribute food and produce, carry items to vehicles, etc. Teens, adults & families welcome to help.

ALIVE! IS IN DESPERATE NEED OF SPANISH SPEAKING VOLUNTEERS TO COMMUNICATE WITH CLIENTS AT VARIOUS STAGES OF THE ASSISTANCE PROCESS. IF YOU THINK YOU CAN HELP IN ANY WAY WITH THIS, PLEASE CONTACT: Vivian Webb - vwebbb@comcast.net

...FURNITURE - ALIVE! accepts donated mattresses, beds, tables, chairs & other furniture; picked up from donors & distributed to needy families by volunteers on weekends. Call **703-837-9300, option 3**, to donate furniture or to request aid.

...and HOUSEWARES - Donated items to include; pots/pans, dishes, flatware, towels, sheets & blankets delivered by volunteers. Call **703-837-9300, option 5**, to donate items or to request aid.

Feeling Lucky? **Mark your calendar** for an evening of food, fun & finding that pot o' gold!!

Blessed Sacrament Gala & Auction
Saturday ~ **March 17th, 2012**

(All proceeds benefit Blessed Sacrament School)



CALLING ALL SCIENTISTS!

Blessed Sacrament School is looking for a few good scientists (to include engineers & health care professionals!) to serve as **Judges** for students participating in the 2012 BSS Science Fair. Judging will take place on February 16th, 8:30 am to 1:30 pm.

Please call Celia Booth at 703-548-6144 for more information.

*** Please Note DATE Correction ***

DIOCESAN SCIENCE FAIR—Judges needed

Individuals with a science background to help judge 7th & 8th grade students' research projects for the 2012 Science Fair. These projects encompass such categories as botany, health, chemistry, zoology, behavioral science, engineering, physics, math & other areas of life & physical science. If your calendar allows you to spend the morning (8 am to noon) on **Saturday, April 21, 2012** at Paul VI High School to judge projects, please call Janet Vetrano at 703-841-2560.

SENIORS 50+ INFORMATION

LINE DANCING (1:30 – 3 pm, Mon & Wed, Quinn Hall)

...ALL ARE WELCOME!...

Call Vicki Santoro 703-998-6959 for information

TUESDAYS at the Parish Center ~



CANASTA group meets 10-12 pm & 12:30-3:30

BRIDGE group meets 12:30-4:30 pm

Stella Perry (703)751-8429 or Ann Corro (703)370-3664

Catholic Charities

ST. MARTIN De PORRES SENIOR CENTER

4650 Taney Ave, Alexandria, VA Monday - Friday, 9 am - 2 pm
St. Martin De Porres Center has a great activities — indoor exercise classes, informal presentations, live music, wellness programs, parties, dancing and more! Come and make some new friends! We also serve a nutritious breakfast & lunch. Visit www.cdda.net or call (703) 751-2766 for information about transportation & lunch.

WHY LISTEN TO CATHOLIC RADIO?

Because those who do are more spiritually engaged, inspired, knowledgeable about their faith, & share & stay connected better!

WMET 1160 AM - Greater Washington's Catholic Radio Station & part of the Guadalupe Radio Network will be visiting Quinn Hall **TODAY!!** Stop by & learn more! www.grnonline.com

RESPECT LIFE MINISTRY

Visit www.usccb.org/healthcare and www.vacatholic.org
For information & resources on a continued, prayerful defense of human life.



All are welcome!

9:30 a.m. ~ First Saturday ~ Meeting Room
Want more info? Visit - <http://bsccrespectlife.blogspot.com>



ROSARY FOR LIFE Each Saturday ~ 9 am *

Meet in the Gathering Space ~ Pray in the Daily Chapel
*2nd Saturday of the month ~ following 8:30 am Mass - Meet
at the clinic at 2839 Duke St near Ireton H.S. (approx. 9:15 a.m.)

Gabriel Project



How can we help? 866-444-3553

Our "Angels" are ready to provide assistance, peer support & prayers to **any mother** - new, expectant or in difficult circumstances.

GABRIEL PROJECT TRAINING

This diocesan parish-based pregnancy assistance ministry is holding a free training session for interested volunteers on Saturday, February 4th, 9 am to 12:30 pm.

St. Rita Catholic Church, 3815 Russell Road, Alexandria.

Please register on-line before February 3rd at

www.arlingtondiocese.org/gpavolunteer

Info? GPA main office 703-841-2755.

Project Rachel



Do you know someone who is carrying the grief & sorrow of past abortion? Share the good news of God's merciful love. **Project Rachel** can make a confidential referral to a priest and/or counselor:

(888) 456-HOPE or www.arlingtondiocese.org/rachel

"Come Back Home"

A 3-minute video message from our Bishop.

Visit: www.helpafterabortion.org

All can participate in this prayer effort to set suffering souls free.

Healing Retreat for those Hurting after Abortion

A Day of Prayer & Healing will take place on Saturday, February 11th (the Feast of Our Lady of Lourdes) for those seeking healing after abortion. This day of prayer offers a beautiful opportunity for women who have struggled with the emotional or spiritual pain of an abortion to experience the mercy and compassion of God. It will offer a supportive, confidential and non-judgmental environment where you can begin the process of healing. More information is online at www.helpafterabortion.org or call 888-456-HOPE (888-456-4673).

*** *Is God calling you to serve Him as a priest, monk or religious brother or sister?* *** Come and see! Men's & Women's Retreats coming soon! Fr. Brian Bashista, vocations@arlingtondiocese.org



ROSARY OF LOVE - Join us on Thursday evenings from 6:30-7 p.m. in the Daily Chapel to pray the *Rosary of Love* to remove the scourges of terrorism, violence & hatred.
Colleen Meissner 703-655-4001



LEGION OF MARY - THURSDAYS from 7:30-9 p.m. in the Meeting Room for prayer and works.
Call: Fr. Killian at 703-998-6100



The ST. PADRE PIO PRAYER GROUP of Northern Virginia - Meets at 3 p.m. on the 4th Sunday of every month in the Daily Chapel.
Art 703-931-0497 or Sanpio@comcast.net



FAMILY LIBRARY - In the MEETING ROOM *between* Sunday Masses to borrow books & videos to read, study & enjoy at home.
Want to help? Please call Susan Doyle



YOUTH GROUP -
bsygdigs2000@yahoo.com
Chris Hitzelberger 703-998-6100 x 20



YOUNG ADULTS (20's/30's) -
bsacya@yahoo.com

<http://groups.yahoo.com/blessedsacramentya>
Meetings ~ Tuesdays ~ 7 pm ~ Parish Ctr.



39+ SINGLES GROUP -
maryterlep@aol.com
Mary Terlep 703-820-4058



KNIGHTS OF COLUMBUS -
gk11947@vakofc.org
Invites men, age 18 & older, to serve Christ through service to one another, our parish & our community.

Info? George (703) 836-5140



MOM'S ROSARY GROUP - Visit us on Facebook @ "Blessed Sacrament Moms" for a schedule of our upcoming events!

ALL moms ~ new, experienced, or soon-to-be! and kids ~ are welcome!

Contact: Michelle Haworth (703)644-2005

CHILDREN'S ADORATION - First Fridays, 3-4 pm.
Join us & stay as long as you are able. Chapel.



MAGNIFIKIDS! - Youth publication by *Magnificat* for ages 6 - 12. Ask a greeter for a copy ~ take home your copy or return to greeter for others to use. *Enjoy using Magnifikids!*



ST. FIACRE GARDEN GUILD - No meetings in winter... watch for notices of upcoming events!

Catholic Charities

2012 CATHOLIC CHARITIES BALL

All are invited on Friday, February 10, 2012 to The Ritz-Carlton Hotel, Tysons's Corner, Virginia to celebrate 30 years of service to those in need in the Diocese of Arlington.

Visit www.ccda.net,
contact Barbara Caudle at ccball2012@gmail.com
or call 703-937-3988 for more information.

CHRIST HOUSE needs SLEEPING BAG donations!

Alexandria, VA ~ As the nights get longer and colder, many of our brothers & sisters in need are struggling just to stay warm through the night. To donate a sleeping bag, please contact Tom Bransfield at tbransfield@ccda.net



MOVING or CLEANING UP at home?

4 great ways to 'recycle' your stuff! ~

1 - ST. MARGARET of CORTONA TRANSITIONAL RESIDENCES

Homeless families are in need of the following: couches, chairs, small dining room sets, cookware, glassware, towels, bookshelves, dressers, night stands, end tables, wall art, coffee pots, toasters & TWIN sheets, pillowcases, blankets & comforters. Please deliver to us. Contact Paula Hummel 703-910-4845 phummel@ccda.net

2 - "WELCOME THE STRANGER"

The Diocese Office of Migration & Refugee Services ~ works with documented refugees & asylees. Currently they are in need of metal bed frames, box springs, lamps & kitchen tables & chairs. Call 703-841-3867. Tax deductible & pick-up available.

3 - CATHOLIC CHARITIES THRIFT STORE Open daily 11am-3pm 131 S. West Street, Alexandria, VA. Provides clothing & other items at no cost to those in need & sells items inexpensively to raise money for the poor.

VOLUNTEERS needed, any weekday 11 am - 3 pm, to sort, price, stock & organize. Info? Sherrilonghill@ccda.net or 703-841-3834 or slonghill@ccda.net

4 - CATHOLIC CHARITIES CAR MINISTRY

Make a dramatic change in the life of one of more than 20 poor, elderly or disabled people currently waiting for a car. Please, your donated car must be in working order; it will be tax deductible. Call Harry Burke 703-841-2531 ext. 658

ADOPTION INFORMATION MEETINGS

Domestic, international, interstate & parental placement programs. Next meeting: February 9th at 5294 Lyngate Court, Burke, VA 22015. Please RSVP: 703-425-0100

SALT (Social Action Linking Together) www.S-A-L-T.org

Learn how to make a difference! Advocate for social Justice on behalf of the poor, the vulnerable and the prisoner. Join by writing letters, making phone calls and visiting legislators. **Your VA Legislators?** <http://legis.state.va.us/> For more info, email jhorejsi@cox.net



Visit our new parish **BLOG!**
<http://www.blessedsacramentva.blogspot.com/>

Get parish news & information about our Catholic faith!

Parish groups are invited to submit news articles and photos of events. Volunteer writers also needed. Contact blessedsacramentva@gmail.com for information

- Stay informed of the latest news & upcoming events by visiting: www.arlingtondiocese.org
- Arlington Diocese on **Twitter!**

www.twitter.com/arlingtonchurch

- **Facebook?** Become a fan ~ "Catholic Diocese of Arlington"
- "The LOCATOR" ~ (yellow box) www.arlingtondiocese.org
- "Encourage and Teach" Diocesan Blog!
www.encourageandteach.wordpress.com

Feedback Welcome!

Are you UNEMPLOYED? "CAN" Wants to Help!

(Christians Are Networking) Job Ministry

CAN provides a venue where job seekers can prayerfully receive free professional career counseling & take advantage of networking opportunities with other professionals.

Join us every Thursday evening ~ 7 - 9 p.m.

St. Martin de Porres Center, 4650 Taney Ave, Alexandria, VA 22304

VOLUNTEERS NEEDED: Support needed to help open the facility, greet/register job seekers, coordinate speakers and speakers' calendar & to maintain supplies & inventory, etc.

For more information & details about CAN, Contact: Elizabeth Lucas (703)683-7704 or elizabeth22305@verizon.net

EMPLOYMENT OPPORTUNITIES

At the Diocese of Arlington, we are enriching the experience of following your faith through the commitment and exceptional performance of our most valuable resource: our employees. We are seeking innovative individuals with the talent, ability, and energy to excel with us.

Visit: www.arlingtondiocese.org for additional details.



The Victim Assistance Ministry is a program of outreach to victims/survivors of childhood sexual abuse by clergy, religious or lay employees of the Catholic Church, as well as those abused through incest, by acquaintances, or through violent attack. For more information about services offered through the Victim Assistance Ministry, visit our website www.arlingtondiocese.org. You may also contact the Victim Assistance Coordinator, *Pat Mudd*, 703-841-2350

All calls are confidential.

DID YOU KNOW? There is a free medical clinic in Bailey's Crossroads. The **Culmore Clinic**, a member of the VA Association of Free Clinics & administered by St. Anthony Parish, has 4 staff & 11 volunteers. 3304-B Culmore Ct, Falls Church 22041, 571-205-7649.